

Offered by the Patient/Client & Family Council  
A peer led non-profit organization offering services to  
clients and families accessing the Mental Health System.



# **FAMILY SUPPORT GROUP**

## **Beginning October 13<sup>th</sup>**

The Patient/Client & Family Council is a peer led non-profit organization providing support, knowledge and hope to families and friends who are affected by and/or caring for someone with mental health and/or addiction. We have a safe, confidential environment for growth and healing by peers with lived experience.



The Family Support Group will be held Wednesday's from 6:00 – 7:00pm at The Community Health Hub, located at 287 Bayshore Drive, Midland, ON.

We ask that you arrive 10 minutes early to allow entry into the building, as per safety protocols.

For more information or to register please contact Shannon at 705-549-3181 Ext. 2619 or by email: [pcfc@waypointcentre.ca](mailto:pcfc@waypointcentre.ca)

**YOU NEVER NEED TO FEEL ALONE!**