



Care Partner Respite Programs

Care Together

Community Programs for Older Adults navigating Dementia or Frailty and their Care Partners

Who

Older adults living at home with dementia or frailty, and their care partners

What

Attend together as a pair and enjoy activities that build connection, well-being, and shared joy

Care partners can also

Meet others, feel supported, recharge and support their mental wellness in a welcoming space

To access the **Simcoe County Calendar for Older Adults**, scan the QR Code or visit the website for program dates and details. <https://agefriendlyactivities.simcoe.ca/>

Explore free care partner programs across North Simcoe Muskoka

- Simcoe County Museum
- Wye Marsh Wildlife Centre
- MacLaren Art Centre
- Concerts in Care Ontario
- Barrie 55+ Centre
- Askennonia Senior Centre
- Township of Tiny
- Muskoka Heritage Place
- Tiffin Centre for
- Conservation
- Town of Bracebridge

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