



April 2025



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March '25							May '25							
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23	24	25	26	27	28	29	25	26	27	28	29	30	31	
30	31													

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 Mindfulness & Tea 12:30 - 1:30 pm	2 Peer Support Drop-In 12:30 - 1:30 pm	3 Cornhole 12:30 - 1:30 pm	4 Diamond Art 12:30 - 1:30 pm	5
6	7 Walk & Talk 12:30 - 1:30 pm Midland	8 Mindfulness & Tea 12:30 - 1:30 pm	9 Peer Support Drop-In 12:30 - 1:30 pm	10 Follow Along Painting 12:30 - 1:30 pm	11 Scrabble 12:30 - 1:30 pm	12
13	14 Walk & Talk 12:30 - 1:30 pm Penetang	15 Mindfulness & Tea 12:30 - 1:30 pm	16 Peer Support Drop-In 12:30 - 1:30 pm	17 Clue 12:30 - 1:30 pm	18 NO GROUP TODAY 	19
20	21 NO GROUP TODAY 	22 Mindfulness & Tea 12:30 - 1:30 pm	23 Peer Support Drop-In 12:30 - 1:30 pm	24 Scratch Art 12:30 - 1:30 pm	25 Movie Classic Disney 12:30 - 2:30 pm	26
27	28 Walk & Talk 12:30 - 1:30 pm Midland	29 Mindfulness & Tea 12:30 - 1:30 pm	30 Peer Support Drop-In 12:30 - 1:30 pm			
		<p>Notes</p> <p>To register for groups, please call (705) 526-4569</p> <p>Please note there will be no groups April 18th or April 21st</p> <p>Walk & Talk meeting places: Midland (Bay St) April 7th & 28th; Penetang Tim Hortons (Main St) April 14th</p>				